



Princethorpe  
College

# Learning Skills

Year 7 & 8 Academic Review Evening - Monday 29<sup>th</sup> January 2018

PRINCETHORPE  
COLLEGE



Princethorpe  
College

# Flourishing Students

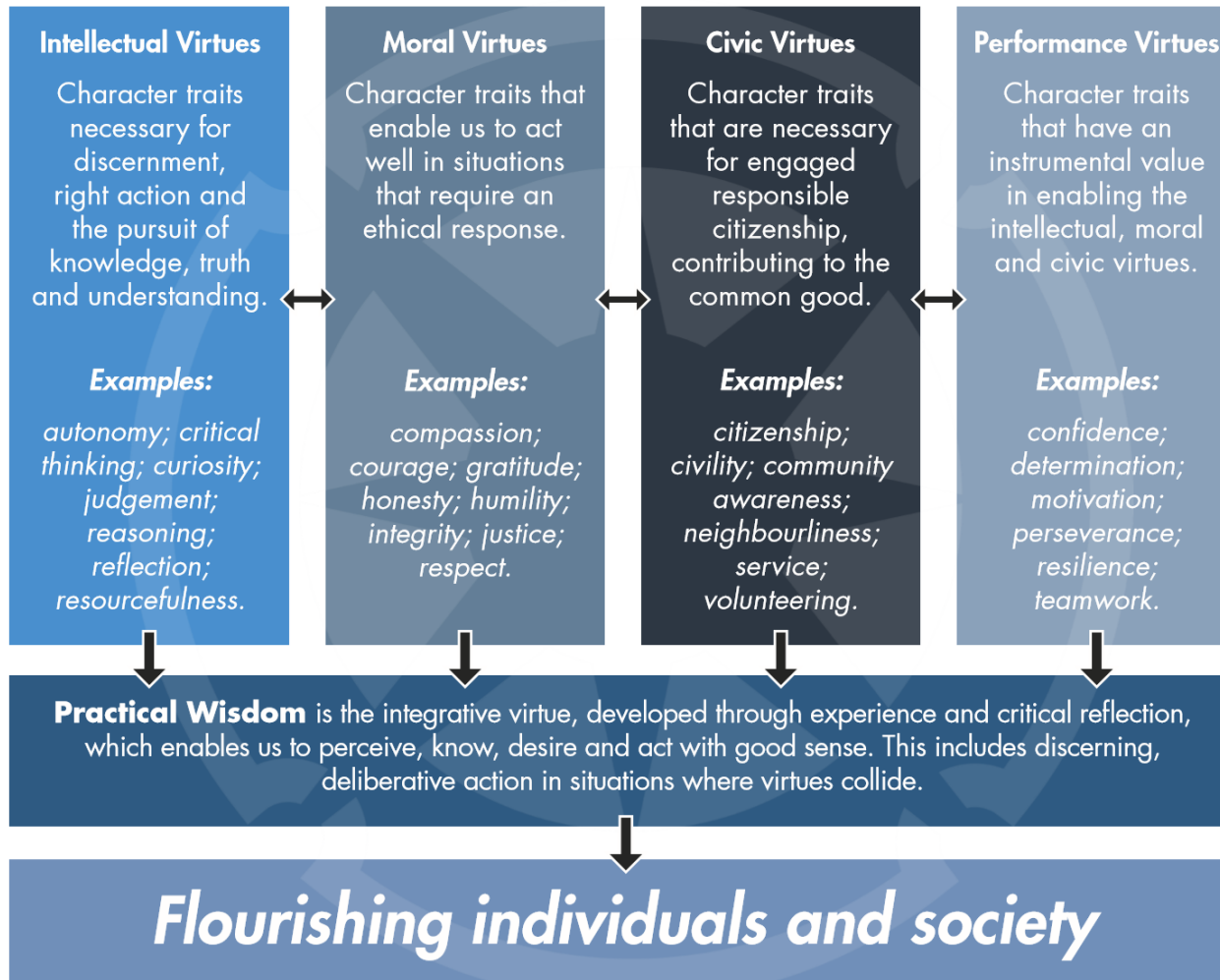
*It's all about character*



A PERSON'S TRUE  
CHARACTER  
IS REVEALED  
*by what he does* WHEN  
NO ONE  
ELSE IS watching



# The Building Blocks of Character



Virtues can be...

...Caught

...Taught

...Sought

# Learning Skills

OCTOBER 2016

## Tutor Time

MONDAY 24 United Nations Day

Monday Quiz  
Merits  
Diaries

TUESDAY 25

Weekly Review  
or  
Leadership  
Training

WEDNESDAY 26

Learning Skills

OCTOBER 2016

THURSDAY 27

'The Day'  
Form Time  
Ideas

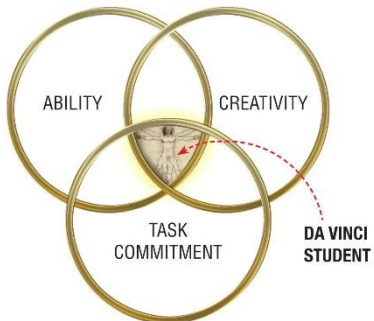
FRIDAY 28

Assembly

SATURDAY 29

Diwali BST ends

SUNDAY 30





# Learning Skills

## Vision


- To raise awareness about the impact a quality/characteristic can have on potential success.
- To encourage some personal reflection on the presence or absence of that quality in each student.
- To engage students in tasks which develop their practice - reflection, discussion, coaching conversation or experiment.



# Learning Skills

## Character traits we will aim to strengthen:

- Perseverance, resilience & grit
- Confidence & optimism
- Motivation, drive & ambition
- Tolerance and respect
- Honesty, integrity & dignity
- Conscientiousness, curiosity & focus



We want  
our students  
to be  
self-starters  
and  
self-helpers



**PASTORAL**

- ▶ 2013 - 2014
- ▶ 2014 - 2015
- ▶ Form Tutor Information
- ▶ 2015 - 2016
- ▶ 2016 - 2017
- ▼ 2017 - 2018
  - ▶ Learning Skills
  - ▶ Literacy

[Create](#)

## Learning Skills

**Search**

Search this site



### Michaelmas Term 2017

#### September

- Week 1:** Introduction to Learning Skills & first task on vision (lesson PowerPoint)  
Twenty Questions (student hand out)
- Week 2:** Vision Activity - *Getting Dreams Done & Your 15th/18th Birthday* (lesson PowerPoint)  
Getting Dreams Done (student hand out)
- Week 3:** Vision Activity - Fix Your Dashboard (lesson PowerPoint)  
Fix Your Dashboard (student hand out)
- Week 4:** Vision Activity - The Perfect day (lesson PowerPoint)  
The Perfect Day (student hand out)

#### October

- Week 1:** Vision Activity - Motivation Diamond (lesson PowerPoint)  
Motivation Diamond (student hand out)





# The GCSE Mindset

40 activities for  
transforming  
student  
commitment,  
motivation and  
productivity

Steve Oakes and Martin Griffin

# Avatars



The screenshot displays the 'World of Avatars' game interface. At the top, the player's name 'Chalista' is shown with a 'TOP UP' button. The character's stats are listed: 28637K gold, 44 purple gems, 188451/188451 HP, 44781/49530 MP, and 84790 EXP. The character is level 87 and has a B.R. of 286631. The interface includes various icons for guild events, VIP dungeons, brave hearts, turnip defenses, soul mazes, escorts, boss portals, devil's dens, solo dungeons, arenas, and event halls. A central window titled 'Attributes' shows the character 'S4.Chalista' as a Mage, level 87, with a title. The character's stats are: HP 188451/188451, MP 44781/49530, Exp 49865136/5469987, ATK 168597, DEF 158825, Dodge 89886, Hit 134708, Crit 141519, Resilience 135161, Crit Damage 120744, and Crit Resis 90158. The character is wearing a red dress and has wings. The background shows a wooden structure with a 'COMBO 23' effect. The bottom of the screen features a chat window, a guild list, and a taskbar with the date 9/7/2016 and time 9:51 PM.

Stat	Value
Level	87
HP	188451/188451
MP	44781/49530
Exp	49865136/5469987
ATK	168597
DEF	158825
Dodge	89886
Hit	134708
Crit	141519
Resilience	135161
Crit Damage	120744
Crit Resis	90158

Figure 1.1a. The VESPA model

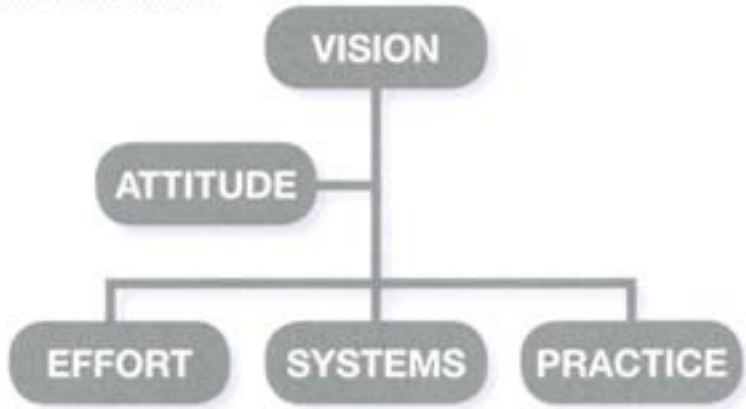
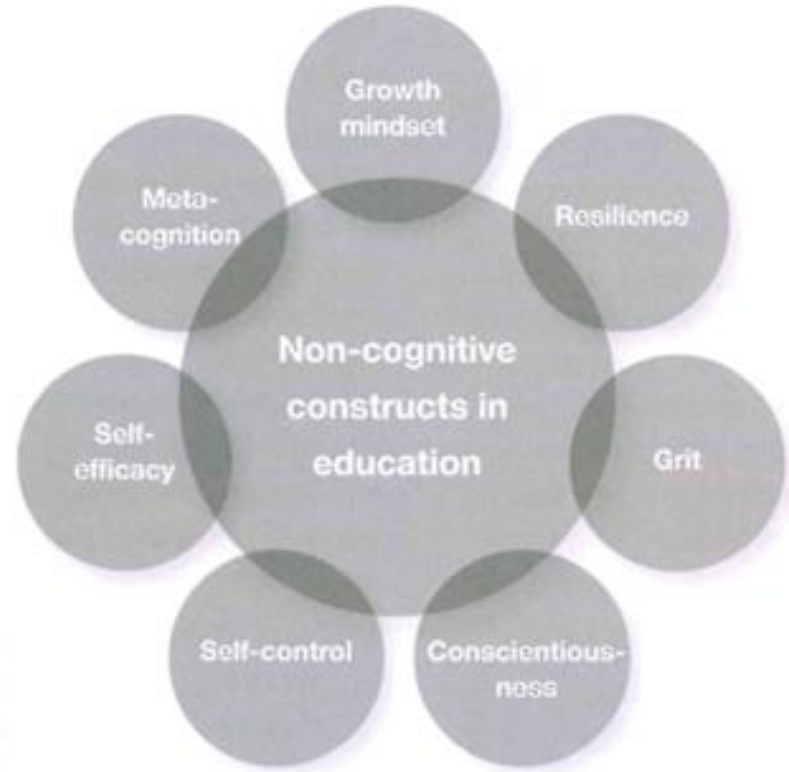


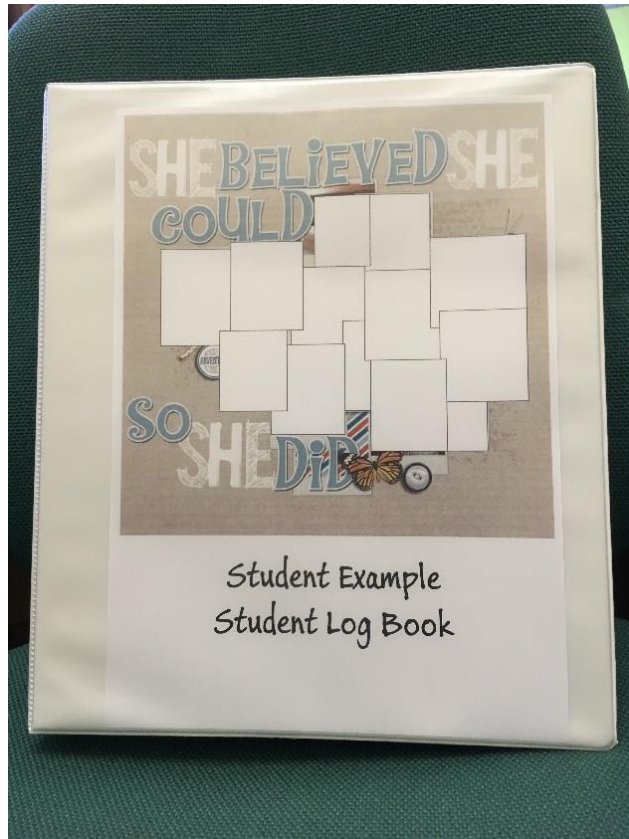
Figure 1.1b. The VESPA umbrella



The **GCSE Mindset**  
40 activities for transforming student commitment, motivation and productivity  
Steve Oakes and Martin Griffin



# Learning Skills

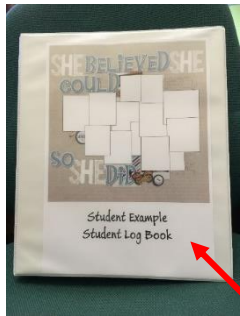


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# Learning Skills



## VISION

Activities to help students know what they want to achieve. In these sessions we will help them set clear goals, make actionable plans and then continue their goal-directed action despite obstacles or difficulties that arise.

The first session requires them to create a collage of pictures, quotes and other visual stimuli to slip into the front plastic cover of their folders. Each day when they open their folder they see their dashboard and are reminded why they are working so hard.

## EFFORT

Activities to help students understand that success requires effort. Effort is measured in hours per week of independent study. This includes homework, research, wider reading, consolidation of previous learning, revision, preparation for tests and so on.

Sessions help define **reactive independent study** (completing tasks set by teachers) and **proactive independent study** (work students set themselves).

Understanding that effort is habit.

## SYSTEMS

Activities to help students understand the direct link between their level of organisation and their grades.

Sessions will offer guidance on concentration, learning styles, memory, reading skills, revision, exam technique, reading speed and essay writing.

We will give them tips on good note-taking and offer them time to pause and reflect, to think and get organised.

## PRACTICE

Activities to help students understand how practice is distinct from effort; it is not the *how much* of study but the *how*.

Practice doesn't make perfect. Perfect practice makes perfect.

These sessions will help students understand the need to master content by reviewing, consolidating, & checking understanding. Next, they need to put their knowledge into practice by practising definite skills. Finally they need to seek out feedback.

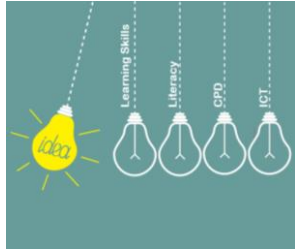
We will help them understand mechanical and flexible practice.

## ATTITUDE

Activities to explore attitude, i.e. the presence or absence of a growth mindset, buoyancy and positivity, response to challenge or difficulty and resilience/grit.

There will be an opportunity for students to complete a number of questionnaires to measure aspects of attitude.

Peer coaching will be used in the form of the GROW model: goal (G); current reality (R); obstacles (O); ways forward (W).



# Learning Skills

## REPORTS

This section of the folder will house copies of reports so students can monitor their own progress and use the data to reflect on their goals, effort levels, systems, practice and attitude.

## R.O.A.

The **Record of Achievement** is a central place for students to keep a note of all their achievements (i.e. music certificates, LAMDA, sporting achievements, Latin, Project Qualifications, newspaper cuttings etc.

## PERSONAL STATEMENT

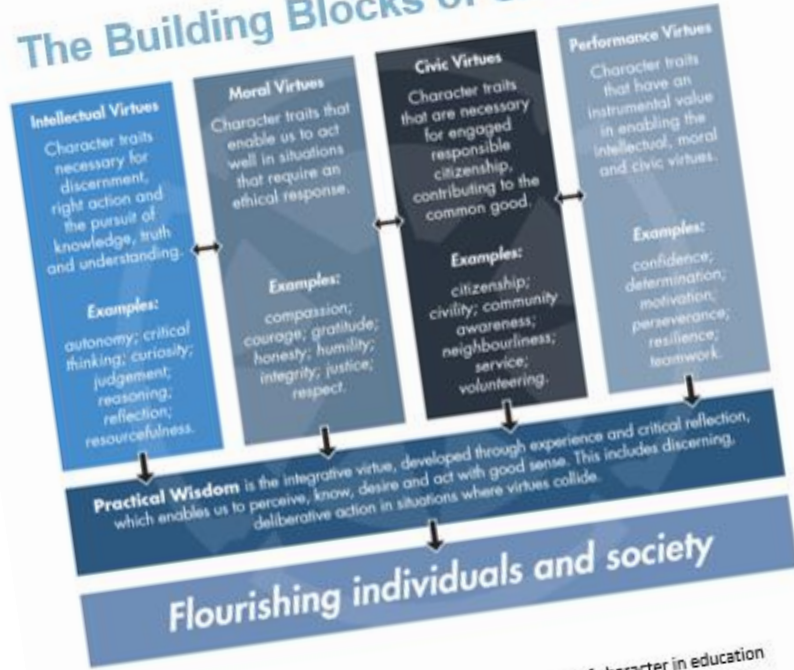
Students will draft personal statements at the end of each academic year, informed by all the data filed in this folder. From Year 7 to Year 11, the process of writing a personal statement should get more familiar and the writing itself more refined, in time for UCAS applications in the Sixth Form.

All resources delivered during tutor time on Tuesdays will be housed here so students can return to them for revision purposes.





# The Building Blocks of Character



I recommend you watch this Ted Talk about the importance of character in education delivered by Lorraine Abbott:

[https://www.youtube.com/watch?v=Ob1-F\\_Ud54c](https://www.youtube.com/watch?v=Ob1-F_Ud54c)

